

Upper Lake Middle School Newsletter

Issue 2

October 2018

Principal's Message:

The 2018-19 school year is off to a great start at Upper Lake Middle School. Everybody has been working hard. We are all committed to ensuring a positive learning environments for all. This commitment comes with a focus on learning, consistent attendance, and adherence to the school rules. Consistency in these three areas will allow our students the opportunity to develop the positive habits that will make them successful young adults. While we recognize that students in middle school should be able to be in charge of their own success, parents/guardians can have great impact in setting the stage! How? You will find some ideas in this newsletter.

I would like to highlight our initiative for the month of October. From October 1st to 31st we will be collecting new socks for the students of the Upper Lake School District. Please consider donating a new pair of socks to our sock drive. We need all kinds and sizes. You can find more details in the attached flyer.

Happy October everyone!

Elwira Salata

Attendance:

ULMS will participating in the Lake County Attendance Challenge during the week of October 15-19, 2018. The Attendance Challenge is a competition between ALL schools throughout Lake County to see who can average the highest or most improved student attendance percentage during that week. The winning school will receive a banner and a \$500 donation. Let's show Lake County that **ULMS** can be the winners.

Please help us in providing the best educational opportunities for your children by getting them to school consistently and on time.

Should you need any support in this area please contact Student Services Department at 707-275-2338

News from Healthy Start:

We are here to help you and your family access community resources including referrals for health and nutrition services, academic, counseling, home visitation and parenting support resources. Please call or come by for more information **707-275-0223**.

Important Dates:

October 8th: Hearing Screenings
October 15th to 19th: Attendance Challenge
October 15th to 19th: Boo Grams are on sale
October 26th: Freaky Friday Dance
October 23rd to 31st: Red Ribbon Week
October 29th to November 2nd: Parent/Teacher Conferences and Minimum Days
October 31st: : End of the Month Assembly

School Site Council:

The School Site Council plays an important role in decision-making at our school. The committee is a group of teachers, parents and classified employees that work with the principal or his designee to develop, review and evaluate school improvement programs and school budgets. The main duties of the SSC are to oversee the instructional program and seek ways to enhance or improve student achievement across the board for all students. The SSC also develops and approves the School Site Plan. Our first meeting will be on Wednesday October 5th from **7:15 till 7:45** esalata@ulusd.org or **707-275-0223**.

How to help your kid survive Middle School:

Learning:

- **Let your child know you think school is important. Talk to him/her about what they are learning.**
- **Encourage persistence: Children learn persistence when they are successful at a challenging task. Let them know that not everything comes easy. This will help them gain confidence in successfully negotiating difficult situations when they are older.**
- **Talk to them about their future. School success is one of the keys to having a happy and fulfilling future. Talk with them about their dreams/goals and make the connection to how school fits within this vision.**
- **Have you checked their grades on Aeries?**

Attendance:

- **Encourage your child to get enough sleep to ensure that he/she is able to get up in the morning.**
- **Leave home with plenty of time to get to school.**
- **Try to schedule appointments before or after school hours.**

School Rules:

- **Familiarize yourself with the school rules, guidelines, and expectations in our handbook.**
- **Reinforce that school is currently their “job” and just like your job, there are expectations. This will help them prepare for high school and beyond.**
- **Talk to your kids about the rules at your job. Compare them. For example, what is the dress code at your job? This helps the students understand the purpose of school rules.**

Spirit days:

October 4th: 6th: blue, 7th: orange, 8th: purple

October 11th: Wear Fall Colors

October 18th: Animal t-shirts

October 25th: Wear RED day

October 31st: Dress up for Halloween (No Masks or Weapons)

